

Journey with Scripture

Pastor Tim Nelson
High Pointe

Note:

- **Reading plan:** John, Philippians, Ephesians, Mark, 1 Peter, James, Genesis, Galatians, Matthew, Psalms, 1 Timothy, Exodus, Romans, Acts, 1-3 John, I and II Samuel, Proverbs, Luke, Daniel, Esther.
- **How often?** Try to do this at least 5 out of 7 days. Don't have a guilt trip if you miss a day. Pick up the next day and keep going!
- **You will see** that over time, you will have written whole commentaries on scripture, one bit at a time. Scripture not only won't be intimidating to you, but you will learn to love your time with God.
- **Keep in mind:** This is what works for me. Tweak it as you feel led. Make it work for you!

May God enrich your life as you run after Him!

Blessings,

Pastor Tim

“Blessed is the man who walks not in the counsel of the wicked, nor stands in the way of sinners, nor sits in the seat of scoffers; but his delight is in the law of the Lord, and on his law he meditates day and night. He is like a tree planted by streams of water that yields its fruit in its season, and its leaf does not wither. In all that he does, he prospers.” Psalm 1:1-3 ESV

“My sheep hear my voice, and I know them, and they follow me.”
John 10:27 ESV

“My heart has heard you say, “Come and talk with me.”
And my heart responds, “Lord, I am coming!” Psalm 27:8 NLT

"Superficiality is the curse of our age." So begins one of the most influential books of the 20th century, *Celebration of Disciplines*. The words by Richard Foster in 1978 are still true today. We are consumed in our culture with noise, information and entertainment, but so much of it leaves us empty and uninspired.

Below is a tool that has produced more spiritual growth in my life than any other habit.

It will help you read the Bible not for information but for transformation, discovering God behind the text. You will experience a loving encounter with the living God and experience truth to guide and strengthen you throughout your day.

May your journey with God be enriched and may you grow more and more in love with God everyday!

Example:

Title:	
Date:	Reference:
Nugget:	
Prayer from God to you:	
Prayer from you to God:	

Journaling Process (this should take at least 15 min)

1. Write the date.
2. Pray that God will speak to you as you open the Bible and start reading. Stop when a "nugget" appears. Nugget=truth; inspiration; correction; new insight; something you wished you knew yesterday; something for someone else you know; something encouraging, challenging, corrective, inspiring, etc.
 - A. Skip anything you don't understand. You can look this up later in a concordance, or talk to one of your pastors.
 - B. Keep reading until you find one truth (nugget) you want to remember all day, then stop reading. Avoid the mistake of thinking that reading a lot of material is the goal. Your aim is to read for transformation, not information. Depth is the key, not speed. This is not a race.
3. Write down the reference where that nugget was found.
4. Write the nugget itself, the actual verse, either in your own words or a direct quote from the Bible.
5. Write a prayer from God to you and trust God will guide your pen. Start with "My son..." or "My daughter..." and then let God lead your pen as you apply what he has said to you in love through the nugget that jumped off the page.
6. Now write a prayer back to God in your own words. Be honest.
7. Reduce the central thought into a 3 word title (or less). It should be short enough to fit on the side of a pencil. You are after one truth that you can remember and meditate on all day long.
8. When you are finished, read over what you wrote.
9. Pray and ask God to help you remember it all day long, no matter what you face that day and to help you apply it that day.
10. The next day, read the previous day journal entry. Then start reading in the Bible where you stopped yesterday and begin the process all over.